#### ARE <u>YOU</u> READY?

Every day, there are literally thousands of people - men & women in their prime - who wake up, go to work, come home, eat, and go to bed - only to wake up the next morning just to do it all over again. They want to be doing something with their lives. They're motivated and dream of an energetic, happy and fulfilling life but feel stuck in the day-to-day grind. Many of them are spiritually-oriented, active



and open-minded. They're looking for answers but don't know where to begin. They don't want their lives left up to random chance but more often than not, end up feeling depressed, frustrated, or angry - feeling like something is missing, and that their life is out of their own control.

Sound Familiar?

#### THERE <u>IS</u> A DIFFERENCE

More and more adults, just like you, are turning to the study of martial arts as a means of creating the security, safety, and quality they want in their lives. Many are attracted by the image of the warrior-protector, the person who is strong enough and powerful enough to be able to protect both themselves and their loved ones in today's often violent world. Others are drawn by the lessons that will allow them to relieve stress and to feel calm and secure enough, internally, to remain grounded and focused no matter what.

Unlike most conventional martial arts programs which seem as if they were designed for children or those seeking the tough-guy "macho" sport or competition aspects, the **Warrior Concepts Black Belt Mastery Program** is a unique program designed to help any serious adult, regardless of age, size, fitness level, or prior experience, to feel the power, confidence and control that comes from knowing what to do in any situation. Regardless of whether you want to learn the

"Master Your Self!"

skills of the Samurai Sword, how to defend yourself in a dangerous situation, or discover your Life Purpose and live a life of your own choosing, At **WCI**, you'll find a program that was designed for adults who want and need results - not games!



<u>THE</u> LEADER

The instruction at Warrior team Concepts Int'l is lead by self-protection and personal development expert, Jeffrey M. Miller. Mr. Miller is a master teacher in the International Buiinkan Doio of Grand Master Masaaki Hatsumi of Noda-city, Japan. His background includes work as a federal police officer and criminal



Jeffrey M. Miller, Founder

investigator, private investigator and personal protection agent - occupations that demand that techniques not only work but work every time. He has dedicated over two-thirds of his life to the study, practice, and mastery of these lessons in a way that is directly usable here in the West.

Shidoshi Miller believes that it takes more than a Black Belt to qualify someone to be a teacher - especially when it comes to teaching life skills and self-protection methods. That's why he, and every instructor under his guidance and supervision continue their own personal training and study not just in the martial and life skills that they teach but also in *how* to teach. The traditional, time-tested, and proven lessons taught through **WCI** are delivered to students using the same scientifically proven concepts and principles used by some of the most effective teachers, gurus and life-coaches in the world today. At **WCI**, you don't get another hobby or activity, you get a real-world education that will, quite literally, effect every aspect of your life.

If you want to become a master, you must learn from a master. Shidoshi Miller is a professional martial arts educator. That's it. That's what he has chosen as his life-path. And it's a path that he walks with pride and care; because he knows he's affecting lives and that what he teaches literally has the power to create a new world. He and his instructors know that they are indeed changing the world - one engaged student at a time.

Join the family!

# "Master Your Life!"

#### MASTERY IS ABOUT BALANCE

The martial and meditative arts of the East have always been a source and perfect blend of holistic study, practice and living. The **Warrior Concepts Black Belt Mastery Program** continues this tradition by offering a complete course of study which provides tools for building, strengthening, and developing the mind, body and spirit in perfect balance.

The sad fact is that most conventional martial arts schools do not, and often cannot, hold the two aspects of physical training and philosophical study under one roof. The **Mastery Program** at **Warrior Concepts** was designed around the fact that today's adult students have the same concerns, needs, and desired results as those students who have come before them. Resting firmly on a foundation consisting of ten martial and meditative lineages, the Life Mastery Program at WCI will allow you to regain balance, focus and clarity. Qualities that it often feels have been taken away.

The ancient Japanese Omyo-dc (Yin/yang in Chinese) symbolically represents, not just the complimenting opposites that exist on a fundamental level, but also the energy and momentum created by a life in balance ana harmony with the 'scheme of totality'



#### IS MASTERY RIGHT FOR <u>YOU</u>?

The truth is that, **Mastery** is not for everyone. It requires commitment, dedication, and the ability to accept challenges. If this describes you, if you think you have what it takes, then you might be a candidate for one of our Mastery programs.

If you've seen or experienced some of the violence that is regularly reported in the news everyday. If you've been left feeling unprepared - not knowing what you would do should danger find you? If you want effective answers for dealing with danger and life's problems without all the competitiveness and 'kid-games' associated with conventional 'karate-school' programs, then **Mastery** might just be what you're looking for.

If you're one of the millions of adults who feels like you've lost you're dreams, focus or clarity, lost in a constant battle of indecision with no direction or guidance in sight. If you feel like you have no time for you. **The Warrior Concepts Mastery Program** might be the answer.

### **BEGINNING** THE JOURNEY

Though we would like everyone who enrolls in the **Black Belt Mastery Program** to be fully engaged in the program and progress to the highest levels possible, we know that the program is not for everyone. Many factors play a part in whether or not someone is right for Mastery. And, just as Mastery is unique, so too is each person who comes to us.

With this in mind, and to give each person an opportunity to see if the **Mastery Program** is right for them and to learn at least the foundational skills for creating a happier, more secure life, we've created a special, entry-level course designed to teach the basics of personal and life mastery.

This **Introduction to Mastery Course** is a 6-month, beginner level program that will allow you the opportunity to experience the fun, excitement, and learning that is Mastery.

### THE FIRST STEP

Every journey begins with that all-important 1st Step and this is no different. Unlike many other things in our lives though, getting started in Mastery is easy! Just pick up the phone or stop in and talk to one of our friendly and helpful Program Advisors today. They're trained to not only give you answers, but to help you determine if Mastery is right for you. We know that the **Warrior Concepts Black Belt Mastery Program** is unlike anything else available for increasing your success and happiness in all areas of your personal, business, and family life, but it is ultimately up to you as to when, or even if, you will take action.

So, if you're ready for positive change and to start on the road to creating the life you've always dreamed of, overcoming negative, self-defeating habits, or learning some of the most effective skills for protecting yourself and others, give us a call.

For more information about the program, or a facility near you, call **884-1118.** 



Become a Black Belt - Not just in the Martial Arts, but in Life!

## ABOUT THE <u>PROGRAM</u>

The techniques, strategies, and lessons embodied by the **Warrior Concepts Black Belt Mastery Program** have been passed down through over 2,500 years of history. Originating in India, and tempered by enlightened masters as it passed through China and Japan, these lessons were born during times of great struggle and danger, where brutal assailants felt that no attack was out of the question. Ironically, these same conditions exist in the world today, making these lessons perfectly suited for dealing with the problems and dangers of the 21st century.

The **Warrior Concepts Black Belt Mastery Program** consists of lessons, strategies and tactics for effectively and efficiently protecting yourself against:

- Punching & kicking attacks
- Grabbing, choking and throwing attacks
- Knife, gun, and club-wielding attackers
- Control, manipulation, and intimidation
- Multiple attacker situations
- Attacks on loved ones

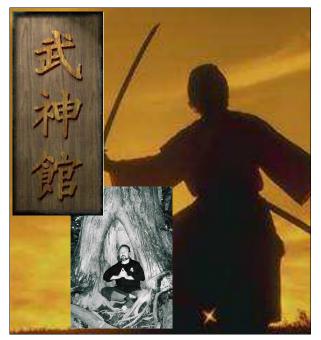
If you would like to feel a greater sense of:

- Confidence, Purpose & Direction
- Pride & Accomplishment
- Personal Empowerment
- Health and overall fitness
- Discipline, Focus and Clarity
- Readiness & Ability to Protect Yourself

If you're ready to begin creating the person you've always wanted to be, the life you've always dreamed of living and developing the skills necessary for protecting those things, the **Warrior Concepts Black Belt Mastery Program** could be just what you've been looking for.

For more information about this and other **WCI** programs, **call** (570) 884-1118.

## Bringing You the Proven Lessons of Ancient Masters!



# The Warrior Concepts Black Belt Mastery Program

Personal Development Self-Protection & Safety Modern & Traditional Weapons Traditional Warriorship Training Personal Empowerment & Achievement

Not just martial arts but the: Ultimate Path to Confidence, Power & Control!

Warrior Concepts International Self-Protection & Personal Development RTS 11 & 15, Selinsgrove, Pa 17870 Call (570) 884-1118 www..sunburymartialarts.com

